



Ann Arbor Post 46

Celebrating 100 Years Of Service

Commander's Corner



If you haven't noticed, the past several issues of The American Legion Magazine have focused on two areas: physical fitness and mental health. There is a long-understood correlation between mental health and being physically active. Exercise leads to the release of positive chemicals in the brain affecting a person's mood and their thought processes. Additionally, exercise relieves stress and we feel better about ourselves.

Some of the best memories I have from the military were spent doing something physical like finishing a long march or completing an obstacle course with a buddy. A lot of us pushed ourselves too hard in the military and are now paying the price. We don't have to exercise to the extremes as we once did but we can still be active in our own ways and to the best of our ability.

Exercise also puts us in contact with others which combats loneliness and isolation. The US Surgeon General has identified loneliness as an epidemic in America and is "associated with a greater risk of cardiovascular disease, dementia, stroke, depression, anxiety, and premature death." This is also born out here in Washtenaw County with the leading demographic of firearm deaths being older white males.

We need to take care of ourselves and each other. We can golf, play tennis, swim, or take a hike or walk in the more than 162 parks Ann Arbor has to offer. You can pick up a list of parks and their locations at the Ann Arbor Senior Center. Whatever you choose to do I hope you do it with someone else. Why not pick up the phone and plan a walk with someone this weekend?

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When emotional issues reach a crisis point, contact the Veterans Crisis Line.

## Active Duty

Post 46 Activities

### Stuff The Bus



The Post participated again this in this year's Stuff the bus event hosted by the Washtenaw County United Way and spearheaded locally by the Washtenaw County Prosecutor's office. Ann Arbor Schools provided a bus at two locations near Target stores and Ann Arbor Parks and Recreation provided tents, tables, chairs, and water for the volunteers.

The week long event collected much-needed back-to-school supplies for area teachers and students. Supplies and cash donations were collected. Overall, 60 volunteers worked a total of 65 hours which raised thousands of dollars and supplies for the effort. Post 46 contributed six volunteer hours and presented drive organizer Kari Dorr a check for \$500.00. Post 46 Cmdr. Nichols said, "This is a great opportunity for the post to help fulfill the American Legion's Fourth Pillar- Children and Youth. It also allowed us to collaborate with other community partners".

The supplies were delivered to area schools who applied to be part of the program. Those schools are Ann Arbor Public Schools, Ypsilanti Community Schools, Milan Schools, Whitmore Lake Schools, and Lincoln Consolidated Schools.



### MVAA Roundtable



Members of the Post attended a roundtable discussion on August 9 hosted by Washtenaw community College and led by MVAA Director Hollier and Representative Morgan. The discussion centered around the issue of homelessness and housing insecurity in Washtenaw County. Rep. Morgan had two million dollars inserted in the recent state budget to specifically address this issue.

The meeting was attended by for-profit and non-profit organizations. Most organizations were focused on housing issues and delivery of services. Concerns were voiced on how the federal government was counting the number of homeless people. Also addressed was the issue of women who are also mothers and the elderly being underserved in accessing benefits of not only housing but also education and employment benefits.



(Continued on Page 4)



## Prayers for Veterans

God of peace,

We pray that you bless all those who have served their country through service in the armed forces. Grant healing to those veterans who have been wounded, be it in body, mind or soul.

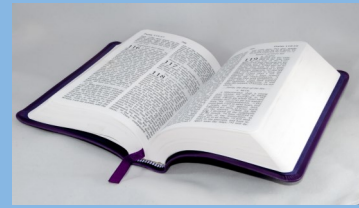
We pray especially for those young men and women who come home to lives of suffering and loneliness. Offer them the solace that only You can, and may we pray for them often, especially when they feel they cannot pray. Echoing John Paul II, as a way to honor all the veterans of past wars, we ask for an end to wars and the dawning of a new era of peace.

Lord, have mercy. Bring peace to our hearts, the hearts of all veterans and to the regions in which they fought. Grant, we pray, the creative vision to see a world that, weary with fighting, affirms the life of every human being and so moves beyond war.

Prince of peace, hear our prayer,

Amen.

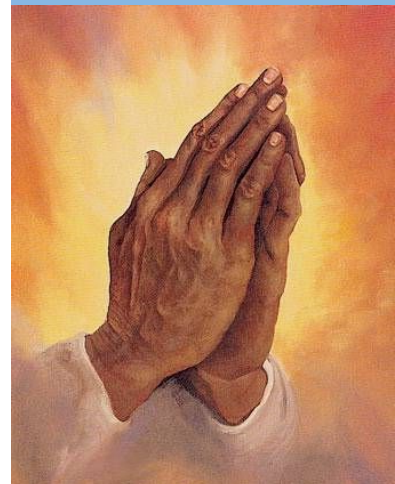
From CHA Website



## Post Member Prayer List

We have many members who are going through physical ailments in their lives that can always use our prayers for healing. Below is a list of those recently reported to us who would benefit from those prayers. Pray for those listed here, their significant others, those who do not want to be identified, and the medical personnel who take care of all of them.

1. Doug Harvey
2. Jack Devine
3. Bob Kurtz:
4. Al Symons
5. Joe Palazzolo
6. Christopher Hansen's wife
7. Bob Shannon:
8. Mark Lindke
9. Eric Fretz
10. Bob Biggs
11. Al Skornika
12. Mujahid Malilulmulk
13. Karl Edelman
14. Jack Erwin



(Continued From Pg 2)

## Active Duty

### Independence Day Parade



Post 46 participated again this year in the Ann Arbor July 4 Parade. As is normally the case, the Jaycees coordinated the event. The parade took place at Briarwood Mall on Sunday, July 2nd. Main Street and State Street were under construction so the Jaycees had to come up with a different location. The Jaycees planned the event to take place before the mall opened.

The participants in the parade marched around the perimeter of the Mall closest to the building which was said to be about a mile long. The day was overcast and it rained before we stepped off but quit long enough for us to get the job done. There were plenty of participants, especially from the Asian community. Our post had eleven volunteers and three from our Cub Scout Pack.

Considering the circumstances, we had a pretty good morning celebrating Independence Day.



### 9/11 Remembrance

On Monday, September 11 close to a dozen of our post members met at the Ann Arbor Veterans Memorial Park to remember and pay tribute to the nearly three thousand lives that were lost at the destruction of Twin Towers and other close-by buildings by terrorists in a blatant attack on America. The day was overcast but the temperature was pleasant. Commander Nichols opened the ceremony with a speech followed by the Pledge of Allegiance and the laying of the wreath. Members Melanie Nau and Bruce Lowry were the presenters of the wreath. This was followed by a bagpiper playing Amazing Grace. Cmdr Nichols then opened a time of personal reflection on the day by recounting his memories of that day. Bruce Lowry, Melanie Nau, Brian Bayha, Horace Frazier, and Jake Inman all contributed to the testimonials. The event ended with the bagpiper playing each of the services



## Member Spotlight



### Bill Lipton Specialist 5 U.S. Army

1968 - 1970

A friend once asked me why being a veteran is such a big deal. After all, it was “only” two years. I pointed out that many were in the service for the rest of their lives, and others still suffer from physical and emotional wounds. While my experience in the Army was good, it was still two years of my life, when my peers were advancing in their careers, and enjoying the prime of their lives. While I was extremely fortunate, others were not. Until the pandemic, I was a volunteer at The Breakfast At St. Andrew’s, where I saw that many of our homeless clients are veterans, irreparably hurt by their service.

I was drawn to the American Legion by its selfless dedication to helping veterans in all ways, such as supporting government actions to improve services and providing direct aid to those who need it. History shows that veterans are too soon forgotten, so the public must be constantly reminded of our service and needs.

My service was reluctant, but I felt it was necessary. I graduated from Tufts University with a degree in physics, in 1967, and then started graduate school, at Brown University, that fall, intending to earn a Ph.D. in physics. That dream evaporated when graduate school deferments were canceled, in 1968. Perhaps foolishly, I enlisted in the Army OCS program, to avoid the uncertainty of waiting to be drafted. I married in 1968, just before entering the Army.

During Basic Combat Training and Combat Engineer training, at Fort Leonard Wood, MO, I soon found that I was not meant to be an officer, and was extremely fortunate in getting into atomic demolitions munitions, serving the rest of my time in a tedious but safe assignment at Fort Belvoir, VA.

While serving, I applied to the Harvard University, School of Public Health, and was admitted, starting in the fall of 1970. It was a struggle, but I finally earned a doctorate in radiological health.

My first job was at Argonne National Laboratory, near Chicago, as a health physicist, starting in 1975. My wife and I lived in Naperville, IL, in the western suburbs. The best part of our lives was adopting two children from Korea, who arrived at the ages of 6 months and 6 years, in 1979 and 1981.

With layoffs likely, we moved to Michigan, where I started with Detroit Edison, as a radiological engineer, at the Fermi 2 nuclear power plant, in 1982. Although initially reluctant to move, we have grown to love Ann Arbor.

Professionally, I earned credentials as a Certified Health Physicist and a Certified Hazardous Materials Manager. Despite long hours at work, I was able to serve as president of the Pioneer High School PTSO, as well as to participate in professional societies.

I retired from Detroit Edison, now DTE, in 2008, and have enjoyed retirement life, especially before the pandemic. I volunteered with the Breakfast at St. Andrew’s and continue to serve on its governing board.

While a member of the American Legion since the 1980s, I did not participate until Dave Draper encouraged me to join Post 46. I am grateful to Dave for reaching out to me.

## MEMBER BIRTHDAYS

Name	BDay
Thaddeus Borys	Oct 01
Donald Proctor	Oct 03
Jack Carman	Oct 08
Edwin Davila-Delgado	Oct 08
Thomas Butler, Jr	Oct 09
Jack Erwin	Oct 14
Pam Foster	Oct 18
Gerhard Liebegott	Oct 22
Matthew Wheeler	Oct 24
Bill Nuber	Oct 25
Andrew Cleveland	Oct 26
Brian Dunn	Oct 28
Tony Moisan	Nov 05
John Iacovetta	Nov 08
Tony Keezer	Nov 10
Richard Larson	Nov 11
Al Skornicka	Nov 14
Jennifer Lamb	Nov 20
David Wulbrecht	Nov 21
David Blum	Nov 28
Jesse Coburn	Nov 28
Jerry Johns	Dec 07
Jennifer Phillips	Dec 07
Ralph Easter	Dec 16
Anthony Urie	Dec 17
Ralph Henry	Dec 18
Doug Short	Dec 19
Harry Holmes	Dec 20
Paul Wright	Dec 20
Michael Steffen	Dec 21
Robert McFarland	Dec 22
Darwin Woods	Dec 23
Karl Edelmann	Dec 23
Jacob Stanton	Dec 24
Carl Remmert	Dec 28



# 100 Years



# of Service



On Wednesday August 30 our Post celebrated its 100th Anniversary as a Chartered post. It took place at Washtenaw Community College's Morris Lawrence building. Some of our officers had experienced the professional level of catering that the college's culinary staff had presented at other events that took place at WCC. We were not disappointed. The tables, 24 guest and two VIP, were set with white tablecloths and red and blue napkins. All the feedback we received about the quality of the food was positive, saying that the food was exceptional. Washtenaw Community College also supported the event financially.

Post 46 members Horace Frazier, Bruce Lowry, Steve Rose, and Mick Worzniak volunteered to help with setup, which included placing the programs, challenge coins on each plate, and placing tent cards with sponsor names on them and a trivia quiz on each table. They also helped set up the tables for checkin, name tags, coin sales, and 50/50 sales. Two additional volunteers, Jane Kinzinger and Rose Bull, manned the signin desk, member Steve Rose took charge of coin sales, member SMSgt Jake Li manned the 50/50 sales, the Commander's wife, Candice Nichols, helped pin the medals on the award winners, and Milan American Legion Post 268 Commander Angela Jaworski and Meni Draper helped seat our guests.

The doors opened at 1700 hrs with hors d'oeuvres being served and our own Horace Frazier providing guitar background music. A slide presentation with pictures from the past and present was playing on the overhead screen throughout the event. At around 1800hrs the celebration began with our emcee, member Beverly List, making opening remarks and introductions. Cmdr Scott Nichols then introduced the officers of Post 46 followed by the MC calling for posting of the colors. The Sea Cadets marched out to post colors and was bagpiper Mr. Ross. Both did an admirable job. Vice Cmdr Dave Draper then read the POW/MIA Missing Man Table ceremony. Shortly thereafter a video of TAPS being played at the WWI Memorial in Washington DC was presented on the overhead screen. On the day it was filmed, the ceremony was presented in honor of Erwin Prieskorn, the Post 46 namesake. Blessing were said by Chaplain Bob Bull and then List called for dinner to be served.

After dinner our guest speaker, Rebecca Spencer, delivered the keynote address. She talked about each of the four American Legion Pillars and gave an emotional speech on veteran suicide. Rebecca Spencer is a 20 year Army veteran and was the Washtenaw Community College's 2022 SVA President.

Commander Nichols read a proclamation that was presented to the post from the office of the Mayor of Ann Arbor prior to the event. U.S. Congresswoman Dingell and Michigan Representative Morgan both addressed the audience with short speeches and the presentation of proclamations recognizing Post 46 for its 100 years of service to veterans and the community.

Commander Nichols then presented some awards: WCC's Carol Osborne, Glen Johnston, David Barera, and group

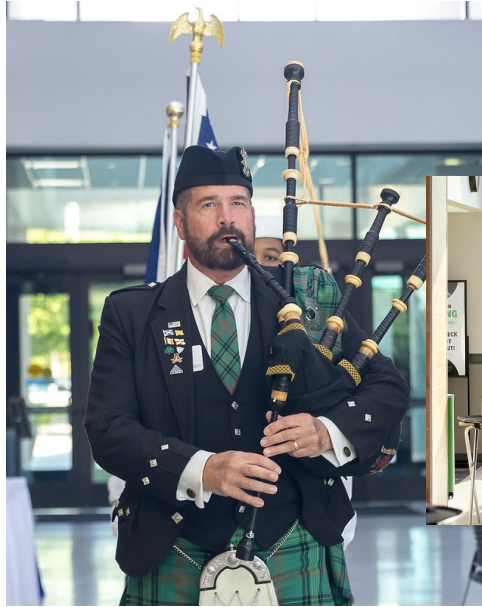
The evening was closed out by the playing of a trivia game relating to the Legion, two 50/50 drawings with each winner receiving \$125 (Derek Blumke and Horace Frazier's guest Jamilah Morris were the winners), closing remarks by Commander Nichols, and the retiring of the colors.

By all accounts the event was perceived as a complete success. Tummies were full and everyone was glad they were able to take part in this once-in-a-lifetime event. To see more pictures click [HERE](https://www.flickr.com/photos/164614453@N02/albums/72177720311302963) if you're reading this online or enter <https://www.flickr.com/photos/164614453@N02/albums/72177720311302963> into your browser.





Sea Cadets Post the Colors



The Bagpiper, Mr. Ross, Leads The Way



Marching In



Horace Salutes the Colors



Chaplain Bull Gives Opening Blessings



Vice Cmdr Draper Presents the Missing Man Table Ceremony



Opening Remarks By Emcee Beverly List



Guest Speaker Rebecca Spencer Presents Her Speech



Rebecca Spencer and Her Mother



100 Years of Service (cont)



U.S. Rep Dingell & Cmdr Nichols



State Rep Morgan & Cmdr Nichols



Dept Chaplain Soli & Cmdr Nichols



Adj Johnston & Candice Nichols



Nobel Wade & Jacob Inmann



Bob Ongaro & Candice Nichols



Karl Edelmann & U.S. Rep Dingell



Todd & Carol Osborne



Barbara Hughes & Kharri Holloway



100 Years of Service (cont)



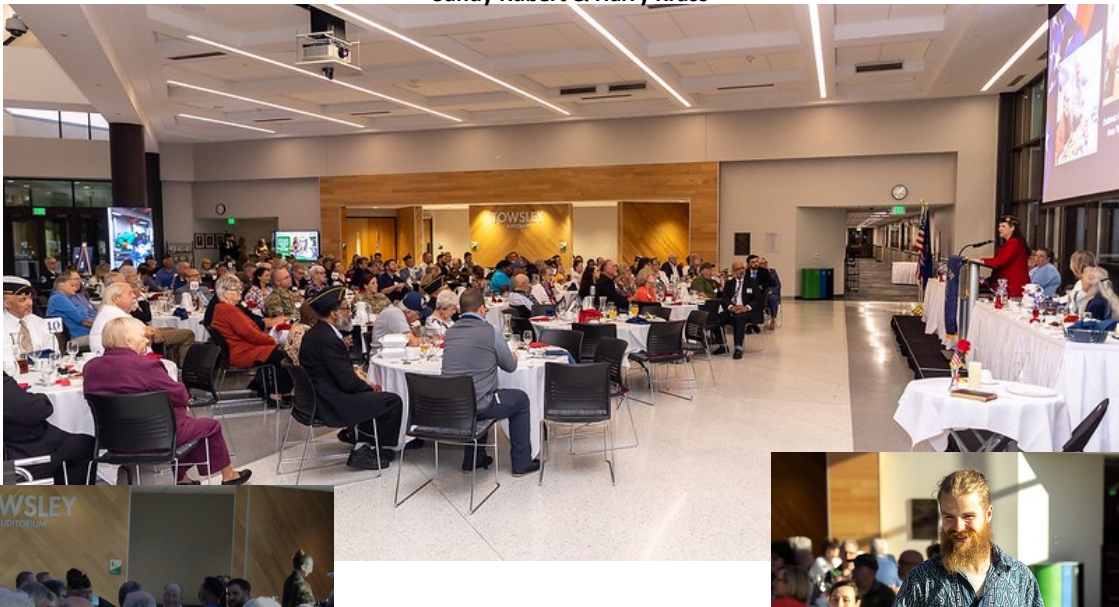
David & Monika Barera



Sandy Rubert & Harry Krass



Candice Nichols & Amy Reiser



Bernice & Mark Lindke



Suzanne & Mike Greene, James Ducey



Jacob Inmann and Kids



Mick and Lisa Worzniak



Sandra and Bob White

**Erwin Prieskorn**

**American Legion Post 46**

A staple in Ann Arbor since 1919, Post 46 is rich in history of serving veterans and the local community. If you know of a veteran that does not have an American Legion home give them a copy of this newsletter. Invite them to come out to one of our meetings and see what we are about. Let them know that we meet on the first Thursday of each month at 1830 hrs. at our post, located at 3230 S. Wagner Rd.

**Inside Stories**



**Stuff-The-Bus Check Presentation**



**Independence Day Parade**



**9/11 Remembrance**



**100th Anniversary**

**Erwin Prieskorn**

**American Legion Post 46**

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PLEASE  
PLACE  
STAMP  
HERE